







HOME ALONE - DANCE TOGETHER

30TH OF JUNE 2020

Continuous Professional Development Day



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Introduction Dance & Creative Wellness Making dance lighter for Seniors: Scapino Ballet Rotterdam Adapted attention and focus Eldridge Labinjo & Erik Pals strategies for inclusive practice Clare Guss-West 12:45 - 13:30 Online tools and Presentation 13:45 - 14:30 techniques for the camera Dancing with people living with and beyond cancer 14:45 - 15:30 Emily Jenkins Social Implicit Movement (SIM) Andrew Greenwood Reducing risk and maximizing safety 17:00 - 17:45 Physiotherapist C-Roys Nimako Inclusive Dance Class based on

17:45 - 18:00

Closing Words

INFORMATION

Scapino Ballet Repertoire

Annemarie Labinjo-van der Meulen

Because dancing 'virtually' online is proving to be one of the key tools that gives social connection while reducing the physical, social and mental wellbeing issues that are being faced by the most vulnerable amongst us.

D&CW Foundation and Scapino Ballet Rotterdam provide and share insights into essential aspects of high quality dance-based interventions online.

If you are an educator already using dance-based interventions, or a dance professional interested in working within the health and wellbeing through dance field, then join us on the 30th of June for this online professional development day.

This is a non-subsidised event, participants are asked to register with a donation (recommended donation €30 p.p.) towards some of the events costs. Registration and further information at

www.danceandcreativewellness.com/continuous-professional-development-day/